

LUNCH

Menu items subject to change based on availability. Though not all listed, we always offer options for known dietary restrictions. An alternative meal, salad, soup, milk, and fruit-based dessert also served daily.

FEBRUARY 2019

Roycemore School

Contact Michelle, your on-site manager, at roycemore@handcutfoods.com

Monday	Tuesday	Wednesday	Thursday	Friday
4 Baked Ziti with Ground Beef Baked Ziti with Tofu Ricotta Roasted Broccoli Garlic Bread	5 CHINESE NEW YEAR Orange Hoisin Chicken or Tofu Stir-Fried Rice Noodles Blanched Snap Peas	6 Chicken Tinga Nacho Bake Chorizo Seitan Nacho Bake Tajin Roasted Corn Shredded Lettuce Salsa Verde & Sour Cream	7 Cheddar and Turkey Panini Cheddar and Veggie Panini Tomato Soup Roasted Cauliflower	8 Cheesy Pups in Blanket Tofu Pups in Blanket Blanched Snap Peas Roasted Red Potatoes
11 Turkey Enchilada Meatballs Black Bean and Bulgur Meatballs Steamed White Rice Tajin Seasoned Squash	12 Creamy Chicken Casserole Creamy Seitan Casserole Roasted Green Beans	13 Mac and Cheese Bar Peas & Roasted Broccoli Diced Ham	14 HAPPY VALENTINES DAY Beef Meatloaf or Lentil and Mushroom Loaf Mashed Potatoes Roasted Brussels Sprouts	15 No Service
18 No Service	19 Cajun Braised Turkey Breast Chickpea & Quinoa Stuffed Tomato Steamed Rice Roasted Carrots	20 Penne with Meat Sauce Penne with Marinara Garlic Bread Blanched Green Beans	21 Turkey Vindaloo Meatballs Chickpea Vindaloo Meatballs Basmati Rice Garlic Naan Curry Roasted Cauliflower	22 BBQ Chicken Sliders BBQ Jackfruit Sliders Celery & Carrot Sticks Waffle Fries
25 Turkey Enchilada Casserole Vegetable & Lentil Enchilada Casserole Refried Beans Roasted Chayote Squash	26 Chicken or Eggplant Parmesan Cavatapi Pasta Roasted Broccolini	27 Beef Chili Vegetarian Chili Elbow Pasta Carrot and Celery Sticks	28 Pesto Turkey Breast Quinoa & Cranberry Stuffed Mushroom Roasted Acorn Squash Roasted Fingerling Potatoes	1 Hot Dog or Soy Dog Pasta Salad Broccoli Salad Fruit Salad

HANDCUT FOODS